

**12625 High Bluff Dr., Ste. 201
San Diego, CA 92130
(858) 481-4988 Fax (858) 400-5204**

Child's Name: _____
Child's Date of Birth: _____
Today's Date: _____

0	1	2	3	4	NA
Never	Rarely	Occasionally	Frequently	Very Frequently	Not Applicable/Not Known

1. depressed or sad mood
2. not as much interest in things that are usually fun
3. significant recent weight or appetite changes
4. recurrent thoughts of death or suicide
5. sleep changes, lack of sleep or marked increase in sleep
6. low energy or feelings of tiredness
7. feelings of being worthless, helpless, hopeless or guilty
8. plays alone or appears socially withdrawn
9. cries easily
10. negative thinking
11. periods of an elevated, high or irritable mood
12. periods of a very high self esteem or big thinking
13. periods of decreased need for sleep without feeling tired
14. more talkative than usual or feel pressure to keep talking
15. fast thoughts or frequent jumping from one subject to another
16. easily distracted by irrelevant things
17. marked increase in activity level
18. cyclic periods of angry, mean or violent behavior
19. periods of time where you feel intensely anxious or nervous
20. periods of trouble breathing or feeling smothered
21. periods of feeling dizzy, faint or unsteady on your feet
22. periods of heart pounding, fast heart rate or chest pain
23. periods of trembling, shaking or sweating
24. periods of nausea, abdominal upset or choking
25. intense fear of dying
26. lacks confidence in abilities
27. needs lots of reassurance
28. needs to be perfect
29. seems fearful and anxious
30. seems shy or timid
31. easily embarrassed
32. sensitive to criticism
33. bites fingernails or chews clothing

- _____ 34. persistent refusal to go to school
- _____ 35. excessive fear of interacting with other children or adults
- _____ 36. persistent, excessive fear (heights, closed spaces, specific animals, etc.) please list _____
- _____ 37. excessive anxiety concerning separation from home or from those to whom the child is attached.
- _____ 38. recurrent bothersome thoughts, ideas or images which you try to ignore
- _____ 39. trouble getting "stuck" on certain thoughts, or having the same thought over and over
- _____ 40. excessive or senseless worrying
- _____ 41. others complain that you worry too much or get "stuck" on the same thoughts
- _____ 42. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling
- _____ 43. needing to have things done a certain way or you become very upset
- _____ 44. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire etc.), please list _____
- _____ 45. recurrent distressing dreams of a past upsetting event
- _____ 46. feelings of reliving a past upsetting event
- _____ 47. spend effort avoiding thoughts or feelings related to a past trauma
- _____ 48. feeling that your future is shortened
- _____ 49. startle easily
- _____ 50. feel like you're always watching for bad things to happen
- _____ 51. refusal to maintain body weight above a level most people consider healthy
- _____ 52. intense fear of gaining weight or becoming fat even though underweight
- _____ 53. feelings of being fat, even though you're underweight
- _____ 54. recurrent episodes of eating large amounts of food
- _____ 55. a feeling of lack of control over eating behavior
- _____ 56. engage in activities to eliminate excess food, such as self induced vomiting, laxatives, strict dieting or strenuous exercise
- _____ 57. persistent worry with body shape and weight
- _____ 58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking).
How long have motor tics been present? _____ How often? _____ describe _____
- _____ 59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing). How long have
verbal tics been present? _____ How often? _____ describe _____
- _____ 60. repetitive, seemingly driven motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing
of objects, self-biting, picking at skin or bodily orifices, hitting own body) that interferes with normal activities or
results in self-inflicted bodily injury that requires medical treatment (or would result in an injury if preventive
measures were not used).
- _____ 61. passage of feces in inappropriate places (e.g., clothing or floor).
- _____ 62. bed wetting. If present, how often? _____
- _____ 63. failure to speak in specific social situations (in which there is an expectation for speaking, e.g., at school) despite
speaking in other situations.
- _____ 64. delusional or bizarre thoughts (thoughts you know others would think are false)
- _____ 65. visual hallucination, seeing objects or images are not really present
- _____ 66. hearing voices that are not really present
- _____ 67. odd behaviors
- _____ 68. poor personal hygiene or grooming
- _____ 69. inappropriate mood for the situation (i.e., laughing at sad events)
- _____ 70. frequent feelings that someone or something is out to hurt you
- _____ 71. problems with social relatedness before the age of 5, either by failing to respond appropriately to others or
becoming indiscriminately attached to others
- _____ 72. multiple changes in caregivers before the age of 5
- _____ 73. steals
- _____ 74. bullies, threatens, or intimidates others
- _____ 75. initiates physical fights
- _____ 76. cruel to animals
- _____ 77. force others into things they do not want to do (sexually or criminally)
- _____ 78. sets fires
- _____ 79. destroys property
- _____ 80. break in to others home, school, car or place of business
- _____ 81. lies
- _____ 82. stays out at night despite parental prohibitions
- _____ 83. runs away overnight
- _____ 84. cuts school
- _____ 85. doesn't seem sorry for hurting others
- _____ 86. negative, hostile, or defiant behavior
- _____ 87. loses temper

- ☐ ☐ 88. argues with adults
- ☐ ☐ 89. actively defies or refuses to comply with adults' requests or rules
- ☐ ☐ 90. deliberately annoys people
- ☐ ☐ 91. blames others for his or her mistakes or misbehavior
- ☐ ☐ 92. touchy or easily annoyed by others
- ☐ ☐ 93. angry and resentful
- ☐ ☐ 94. spiteful or vindictive
- ☐ ☐ 95. impairment in communication as manifested by at least one of the following: (Check those that apply)
 - ☐ delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gesture or mime)
 - ☐ in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
 - ☐ repetitive use of language or odd language
 - ☐ lack of varied, spontaneous make-believe play or social imitative play appropriate to developmental level
- ☐ ☐ 96. impairment in social interaction, with at least two of the following: (Check those that apply)
 - ☐ marked impairment in the use of multiple nonverbal behaviors such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
 - ☐ failure to develop peer relationships appropriate to developmental level
 - ☐ lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing, or pointing out objects of interest)
 - ☐ lack of social or emotional reciprocity
- ☐ ☐ 97. repetitive patterns of behavior, interests, and activities, as manifested by at least one of following: (Check those that apply)
 - ☐ preoccupation with an area of that is abnormal either in intensity or focus
 - ☐ rigid adherence to specific, nonfunctional routines or rituals
 - ☐ repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)
 - ☐ persistent preoccupation with parts of objects
- ☐ ☐ 98. stutters
- ☐ ☐ 99. feel tired during the day
- ☐ ☐ 100. feel cold when others feel fine or they are warm
- ☐ ☐ 101. often feel warm when others feel fine or they are cold
- ☐ ☐ 102. problems with brittle or dry hair
- ☐ ☐ 103. problems with dry skin
- ☐ ☐ 104. problems with sweating
- ☐ ☐ 105. problems with chronic anxiety or tension
- ☐ ☐ 106. Has difficulty learning math facts
- ☐ ☐ 107. Poor math grades or test scores
- ☐ ☐ 108. Has difficulty with abstract concepts and reasoning
- ☐ ☐ 109. Has difficulty remembering
- ☐ ☐ 110. Makes spelling errors in written assignments
- ☐ ☐ 111. Needs words repeated when taking spelling tests
- ☐ ☐ 112. Poor spelling grades or test scores
- ☐ ☐ 113. Has difficulty reading or spelling phonetically
- ☐ ☐ 114. Has difficulty sounding out unknown words
- ☐ ☐ 115. Poor reading grades or test scores
- ☐ ☐ 116. Avoids reading
- ☐ ☐ 117. Reading is slow or choppy
- ☐ ☐ 118. Complains about eye strain or fatigue
- ☐ ☐ 119. Squints, blinks or rubs eyes when reading
- ☐ ☐ 120. Skips words or lines when reading
- ☐ ☐ 121. Poor reading comprehension
- ☐ ☐ 122. Reverses letters or words
- ☐ ☐ 123. Has difficulty hearing
- ☐ ☐ 124. Has poor handwriting
- ☐ ☐ 125. Has poor coordination
- ☐ ☐ 126. Has difficulty writing a paper
- ☐ ☐ 127. Makes grammatical errors
- ☐ ☐ 128. Has poor vocabulary